



**TRIP OVERVIEW**

# **THAILAND YOGA RETREAT**

**1300 4 LIQUID**  
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## **TRIP OVERVIEW**

***Our Yoga Holidays are designed for anyone wanting a healthy, invigorating holiday but doesn't want to miss out on their daily yoga practice, or for beginners who simply just want to take up yoga.***

### ***Trip Details***

The Yoga classes taught by international-trained yoga teachers and are focused on helping you to finding your inner-self. Think of it like your own customised yoga retreat. The perfect holiday for anyone wanting to learn or expand on their yoga technique. We also think that after the time you've spent rejuvenating, you'll be at your best for our VIP shopping experience in Central World in Bangkok, (the biggest shopping centre in Thailand!), and be ready to snatch all the bargains on offer.

### ***Packages includes:***

- Return Flights to Bangkok, and then onto Koh Samui (Halfway & Summit Packages)
- Airport roundtrip transfers from Koh Samui Airport
- Accommodation in a boutique Moroccan style resort
- Accommodation in Bangkok after resort time
- VIP Shopping Package in Bangkok

### ***Whilst at the resort you will enjoy:***

- Unlimited Yoga Class at Absolute Yoga Center
- 3 A la Carte Vegetarian Meals
- 1 x 90-min Thai Massage or 60-min Aromatherapy per day
- 2 x Fresh juices or smoothies per day
- Access to the Pool, Steam Room and Mini-Theatre

### ***Free Bonuses included each package:***

- 1 x Colon Hydrotherapy Treatment
- Additional 10% discount on all Detox & Spa Treatments
- \$70 Voucher to use at Absolute Detox & Spa Center (Halfway & Summit Packages)



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### Accommodation

All Packages include accommodation at:

*Absolute Sanctuary Health Resort, Koh Samui*



All packages feature boutique accommodation at Absolute Sanctuary Health Resort, Koh Samui. Prepare to be treated like royalty. Inspired by the architecture of Morocco, it boasts only 38 exclusive rooms, each featuring vibrant yet soothing color themes and modern amenities. Absolute Sanctuary caters to those seeking a journey back to balance, rejuvenation and wellness.

After your Koh Samui Escape, you can then choose your level of accommodation in Bangkok, where you can shop till your heart's content and stay in our carefully chosen accommodation options.



#### Base

*All Seasons Bangkok Siam*

3 star

Boasting contemporary design & modern technology, All Seasons Bangkok Siam offers great Bangkok accommodation, complete with a restaurant and bar.



#### Halfway

*Novotel Bangkok Siam Square*

4 star

One of the best locations in Asia's most exciting cities. Surrounded by the finest shopping & entertainment centres, the hotel offers an excellent selection of restaurants, bars & nightclubs.



#### Summit

*Sofitel Bangkok*

5 star

The first five-star hotel on Silom Road & has earned a reputation for having successfully blended traditional Thai charm with stylish contemporary French flair in its décor, facilities & service.

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Contact us now to make a booking



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### Best time to go

All year round

### Package Itineraries

#### Base

8 days

5 Day Yoga package in Koh Samui  
2 Nights in Bangkok staying at the All Seasons Bangkok Siam

#### Halfway

10 days

7 Day Yoga package in Koh Samui  
2 Nights in Bangkok staying at the Novotel Bangkok on Siam Square

#### Summit

12 days

7 Day Yoga package in Koh Samui  
4 Nights in Bangkok staying at the Hotel Sofitel

### Package Options

Choose the package that best suits your needs.  
If you want to customise a package, we can do that too.

	BASE \$1235	HALFWAY \$2491	SUMMIT \$2979
FLIGHTS	X	✓	✓
PACKAGE	8 DAYS	10 DAYS	12 DAYS
ACCOM.	TWIN SHARE	TWIN SHARE	TWIN SHARE
EXTRAS	3★ ACCOM IN BANGKOK	FLIGHTS + 2 NIGHTS 4★ ACCOM IN BANGKOK	FLIGHTS + 4 NIGHTS 5★ ACCOM IN BANGKOK

All prices are quoted in Australian Dollars (AUD), and prices listed are based on the costs and exchange rates applicable at the time of pricing. Flights are based on departures from and returning to Melbourne Airport, and other Australian airports may incur additional fees.

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